

# **BUILDINGENERGY BOSTON**

---

## **Your Building as Workforce Training: Integrating Students into High Performance Projects**

**Kathryn Duff (studio2sustain)**

**Liz Moniz (Lloyd Center for the Environment)**

**Warley Williams (Greater New Bedford Vocational  
Technical HS)**

**Curated by Stephen Stuart (Sullivan County Office of Sustainable  
Energy) and  
Clay Tilton (Sustainable Comfort)**

---

**Northeast Sustainable Energy Association (NESEA)  
February 28, 2022**

# BUILDINGENERGY<sup>®</sup> BOSTON

**Your Building as Workforce Training:**  
Integrating students into high-performance projects

**studio2sustain inc**

architects consultants environmental evangelists

[studio2sustain.com](http://studio2sustain.com)

Kathryn Duff, RA, CPHC

[kathryn@studio2sustain.com](mailto:kathryn@studio2sustain.com)





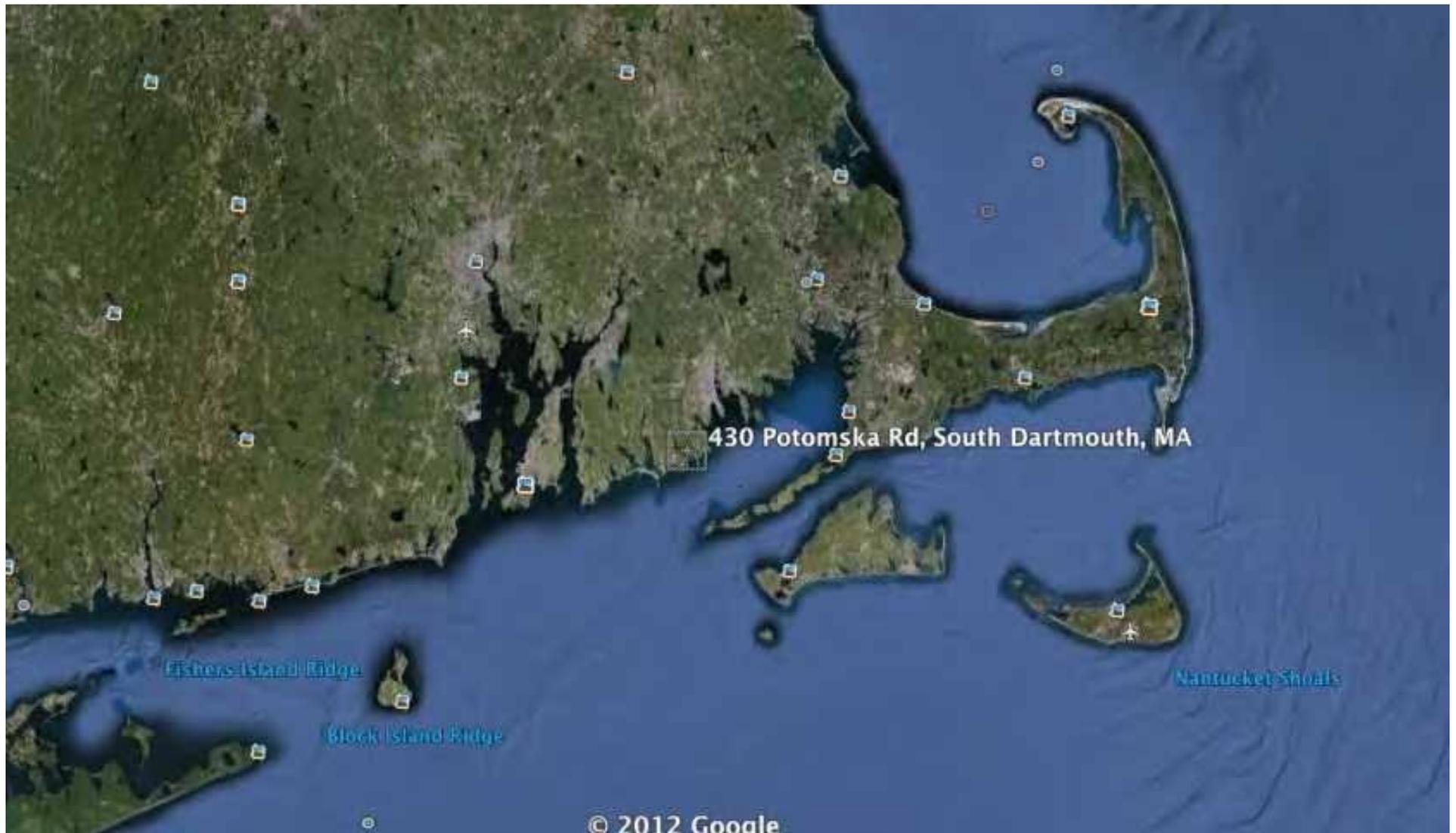
students building the LCE Welcome Center



Storey & Ansel wandering the trails of the Lloyd Center for the Environment



Antarctica, February – March, 2020



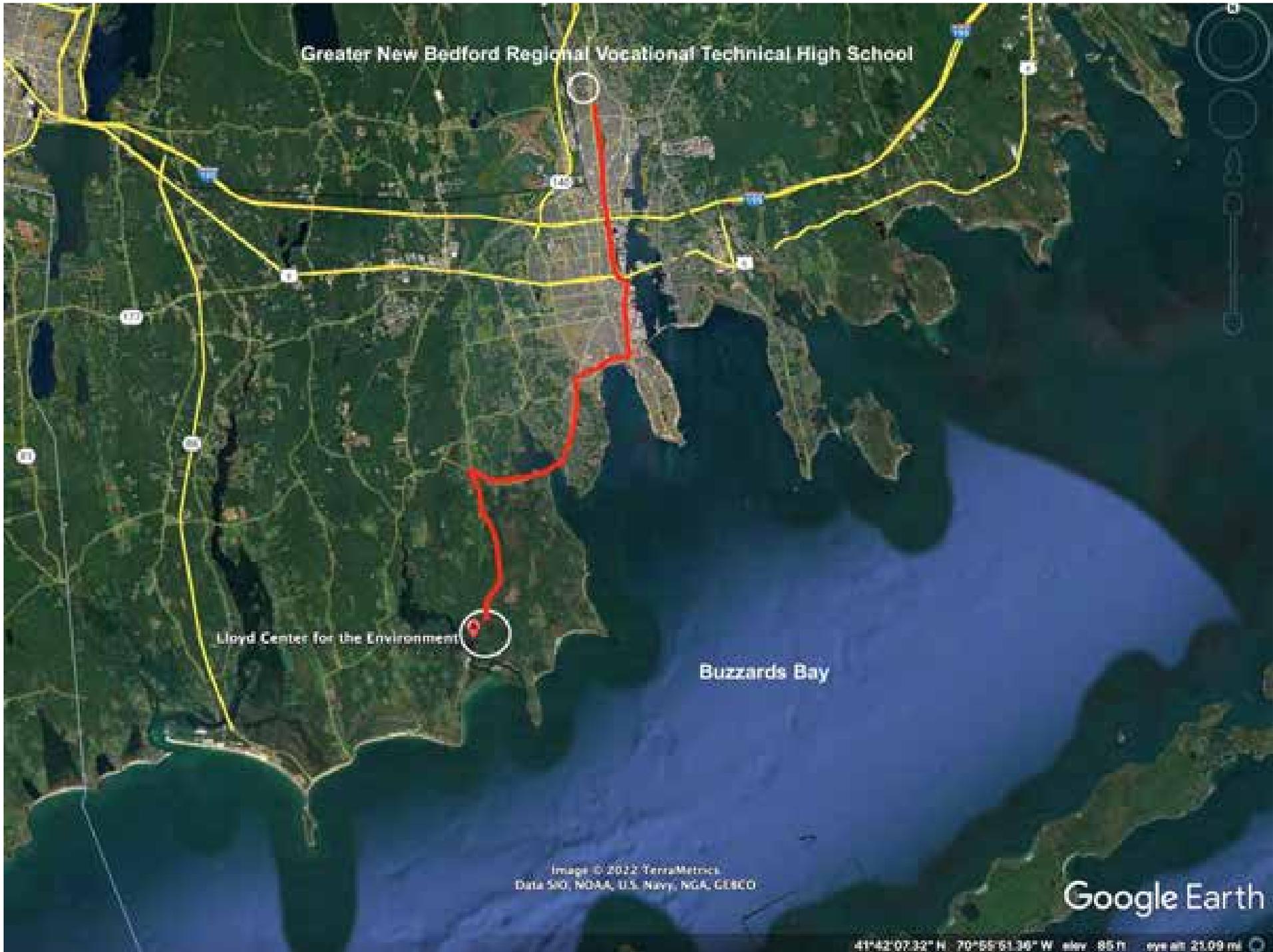
...when I returned...we resumed work on the Welcome Center – begun in 2015

# Place Petal









Greater New Bedford Regional Vocational Technical High School

Lloyd Center for the Environment

Buzzards Bay

Image © 2012 TerraMetrics.  
Data SIO, NOAA, U.S. Navy, NGA, GEBCO

Google Earth

41°42'07.32" N - 70°55'51.36" W elev - 85 ft eye alt 21.09 mi



THE PORT CITY OF NEW



**GNBVT Students...in their words...**



Frank Goncalves – lead Instructor in Carpentry



Scott Thibault – lead Instructor in Plumbing



Glenn Morell – lead Instructor in HVAC



The site of the project – LCE Welcome Center & GNBVT.



...reframing the relationship between climate, energy & natural resources...

# buildings consume resources!

- In the United States alone, buildings account for:
  - **72%** of electricity consumption
  - **39%** of energy use,
  - **38%** of all carbon dioxide (CO<sub>2</sub>) emissions,
  - **40%** of raw materials use,
  - **30%** of waste output (136 million tons annually)
  - **14%** of potable water consumption.

YEAR	HOME SIZE	FAMILY SIZE	SF/PERSON
1950	983 SF	3.9	252 SF
2008	2,500 SF	2.6	962 SF



image from ILFI LBC Program

1950

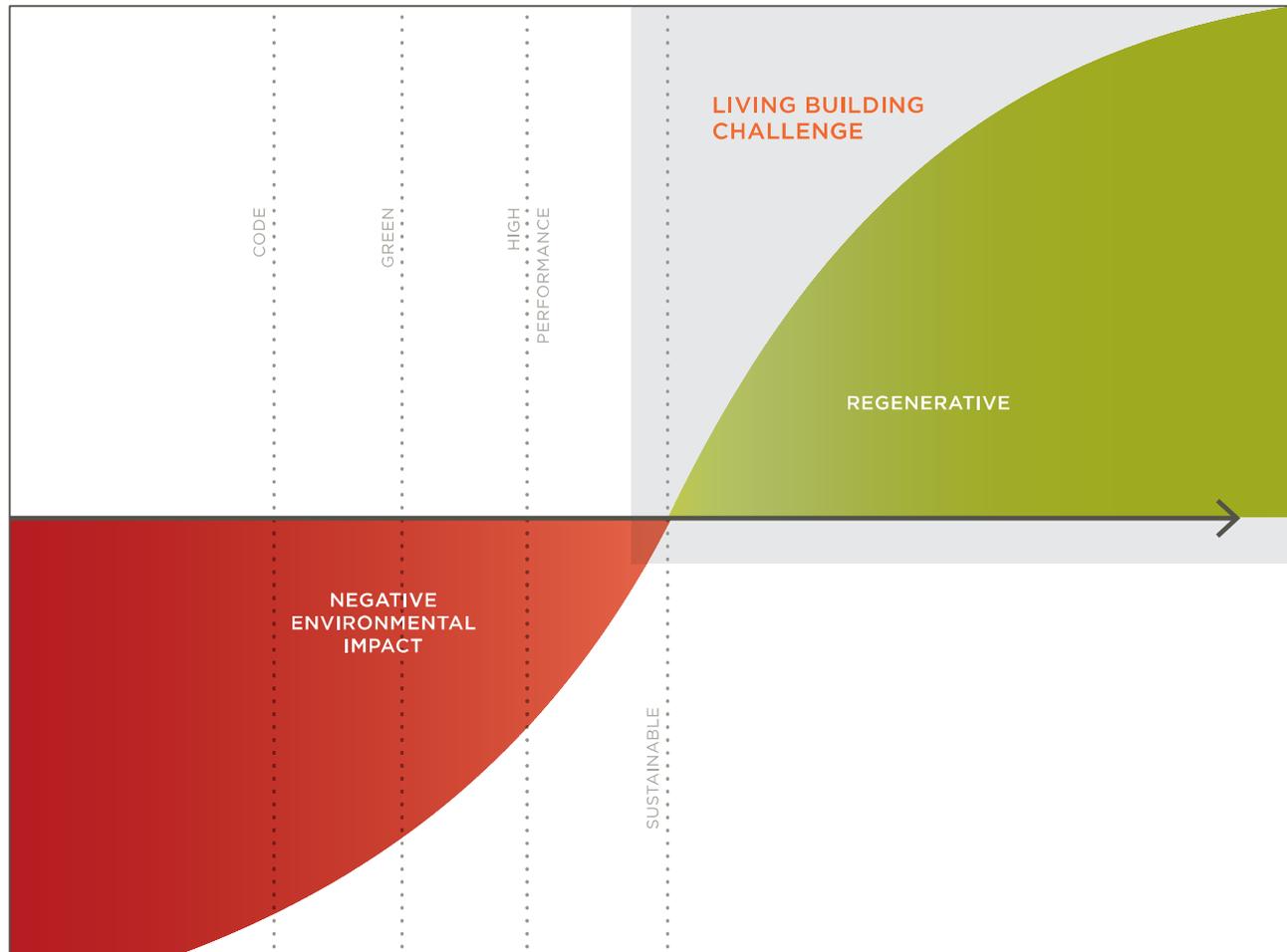
2008



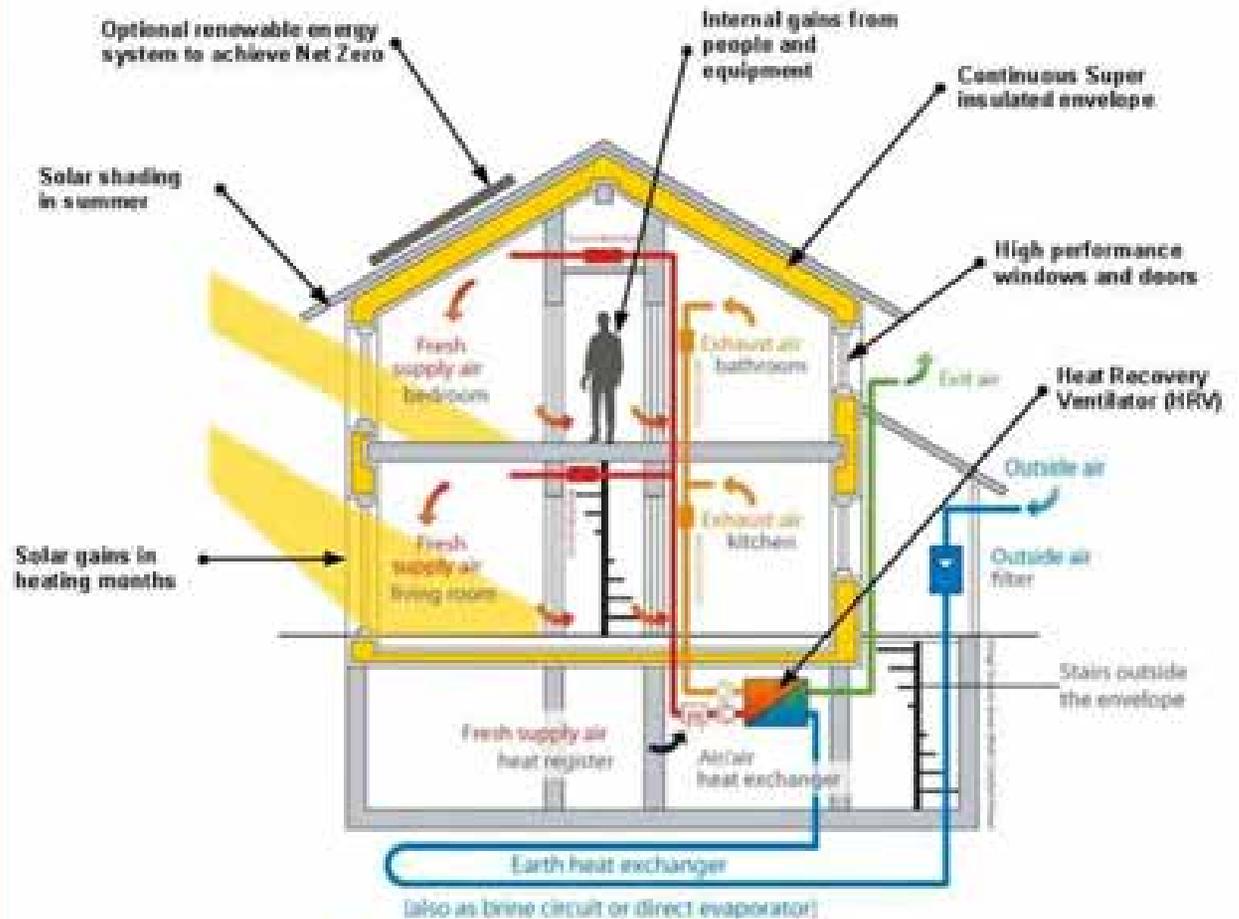
...the need...students arriving for field studies camp at the Lloyd Center...

## SETTING THE IDEAL AS THE INDICATOR OF SUCCESS

THE LIVING BUILDING CHALLENGE IS A PHILOSOPHY, CERTIFICATION AND ADVOCACY TOOL FOR PROJECTS TO MOVE BEYOND MERELY BEING LESS BAD AND TO BECOME TRULY REGENERATIVE.



# ENERGY BALANCE



Passive House Diagram

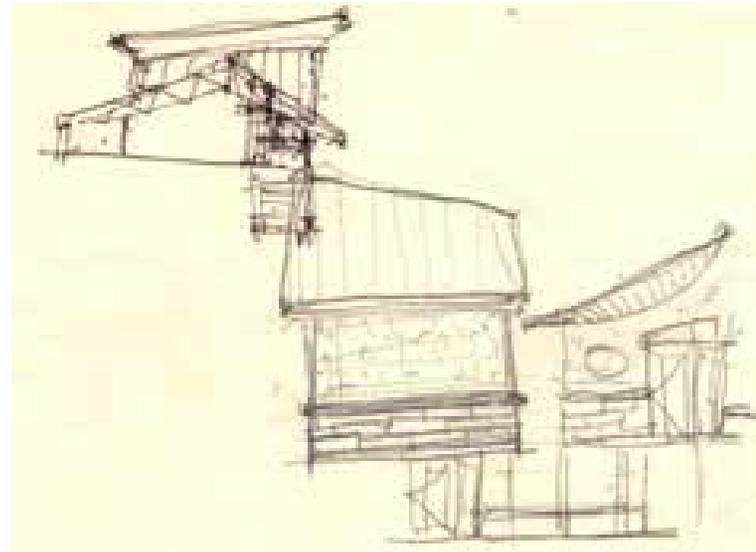
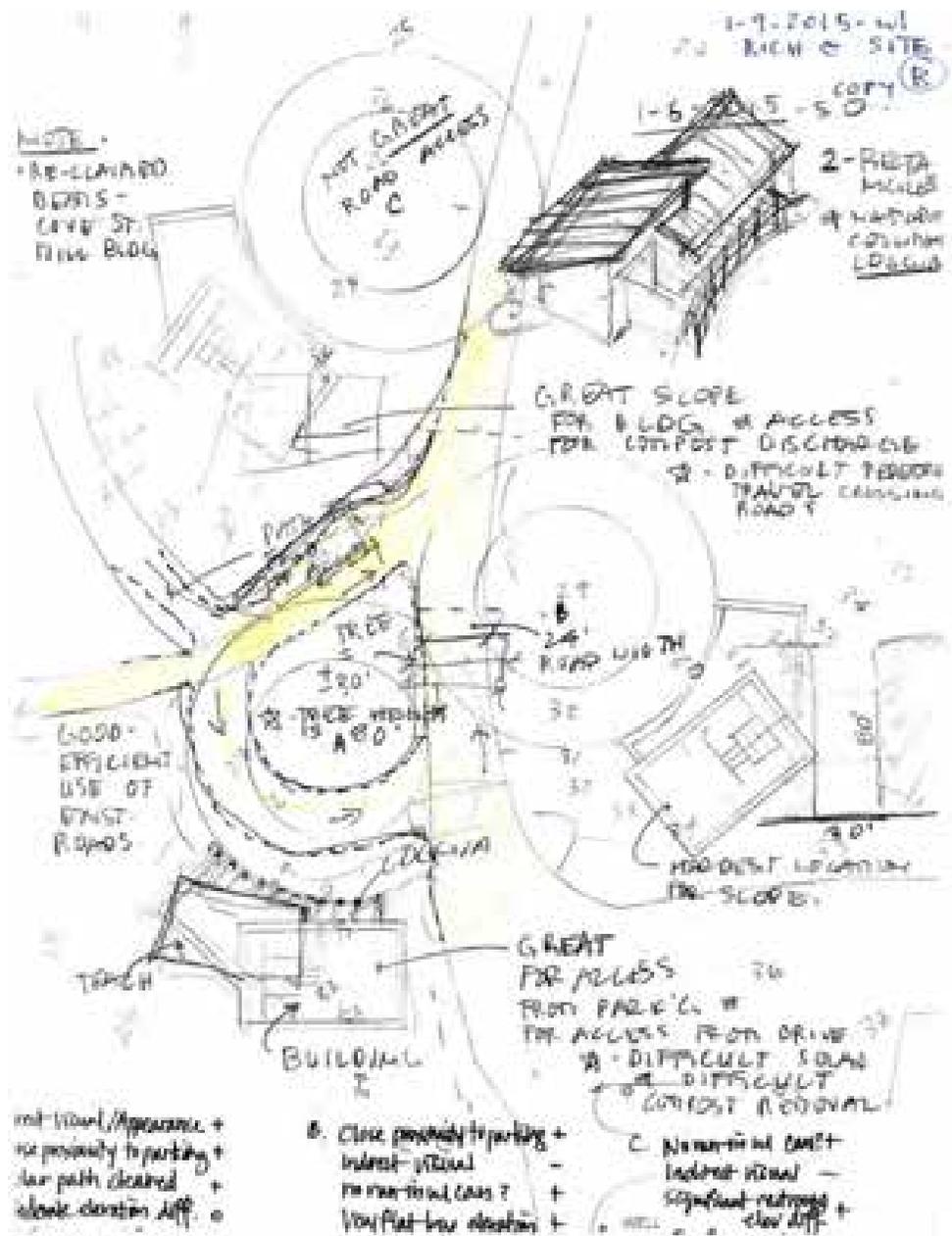


LCE Welcome Center - East Elevation





J-Term students launch LCE Welcome design - 2016



J-Term students launch LCE Welcome design charrette @ studio2sustain



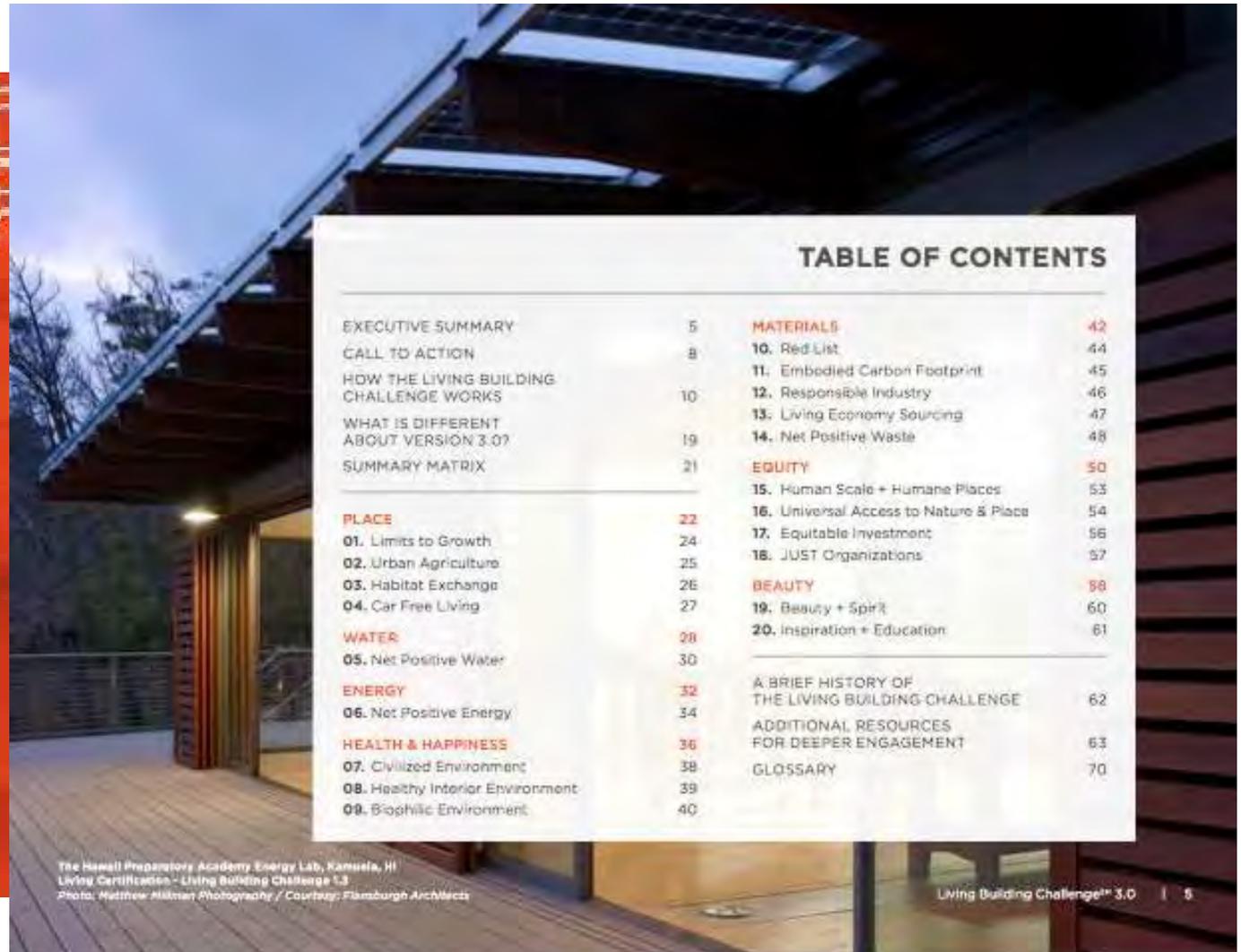
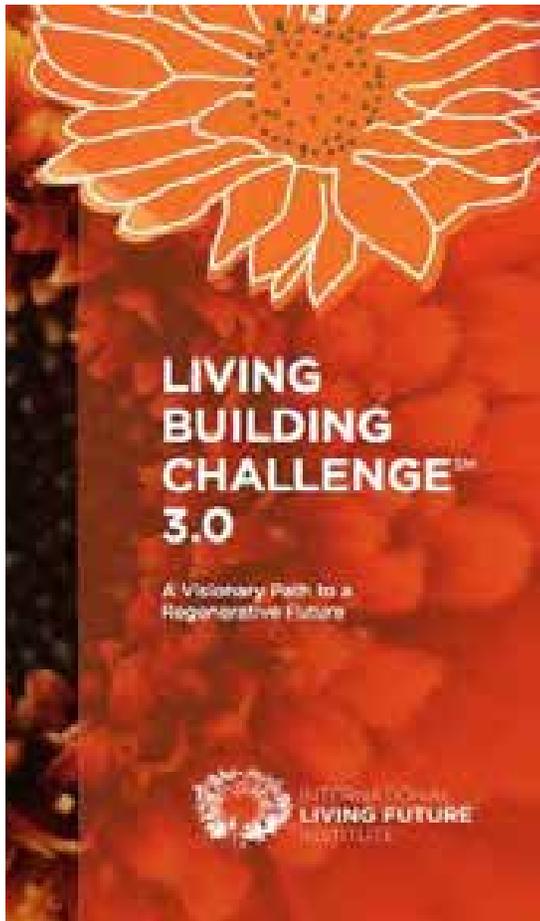
Harvard College students and Harvard University students majoring in Sustainability built site & building models.

Various studies explored site contours, site circulation, building masses and access...





At the end of the design charrette, a site plan emerged.



The Lloyd Center pursues Living Building Challenge (LBC): 7 Petals:  
**Place\_Water\_Energy\_Health & Happiness\_Materials\_Equity\_Beauty**

ENERGY

## NET POSITIVE ENERGY

IMPERATIVE

06

One hundred and five percent of the project's energy needs must be supplied by on-site renewable energy on a net annual basis, without the use of on-site combustion.<sup>12</sup> Projects must provide on-site energy storage for resiliency.<sup>13</sup>

<sup>12</sup> Refer to the Energy Petal handbook for a list of renewable energy systems, classifications, and exceptions.

<sup>13</sup> Projects must demonstrate that sufficient back-up battery power be installed for emergency lighting (at least 10 percent of lighting loads) and refrigeration use for up to one week for greater resiliency.

# ENERG



MATERIALS

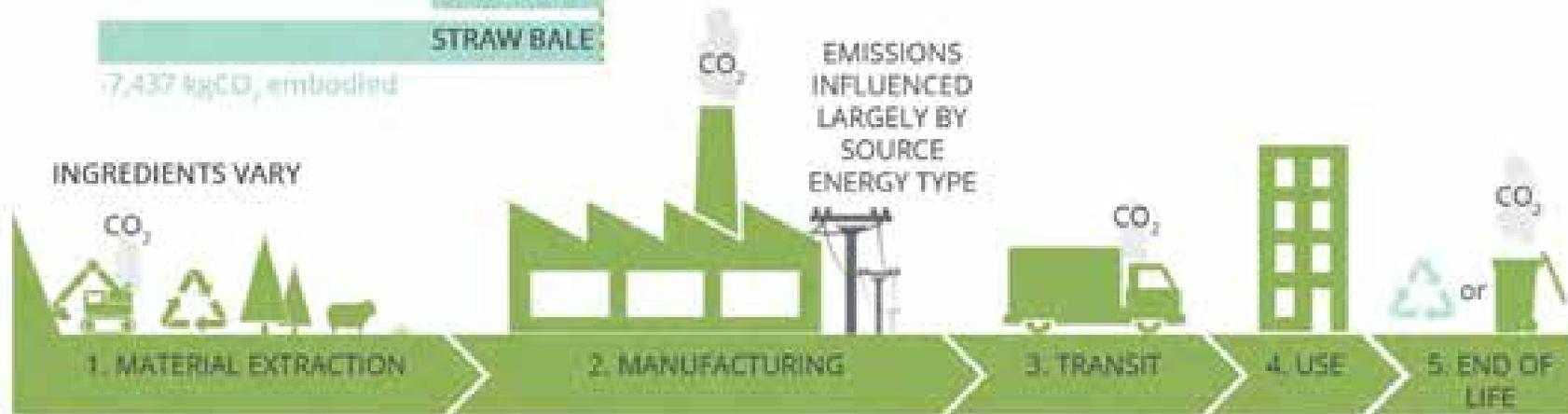


# MATERIAL



## CARBON IMPACTS OF INSULATION

kgCO<sub>2</sub>e represents R-20 at 234 m<sup>2</sup> 6,735 kgCO<sub>2</sub>e emitted



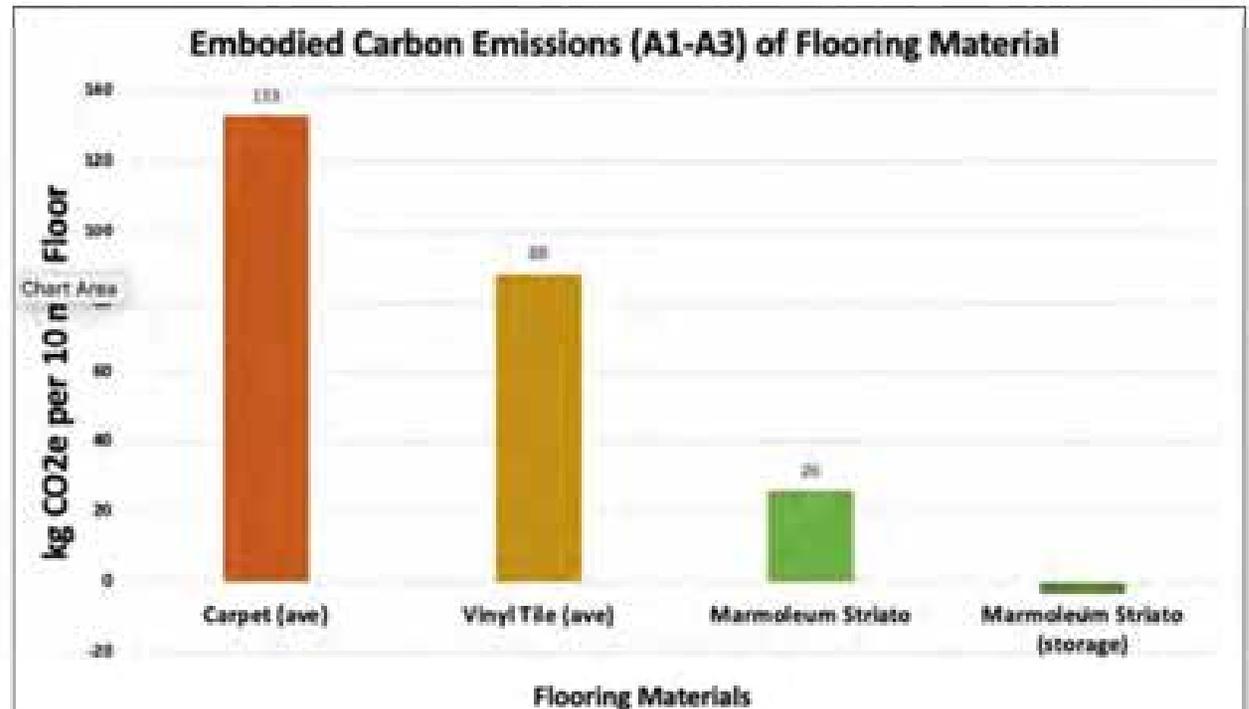
©2019 2030 Inc./Architecture 2030. All Rights Reserved

Carbon impacts data source: Builders for Climate Action - 2019 White Paper "Low-Rise Buildings as a Climate Change Solution", Chris Magwood, 2019

**materials matter:** from the Moran Square, Fitchburg, MA, team

## Interiors Strategies

- Reclaimed Hardwood
- Marmoleum
- Carbon-neutral LVT
- No Carpet
- Recycled-content Formica or comp



**materials matter:** from the Moran Square, Fitchburg, MA, team

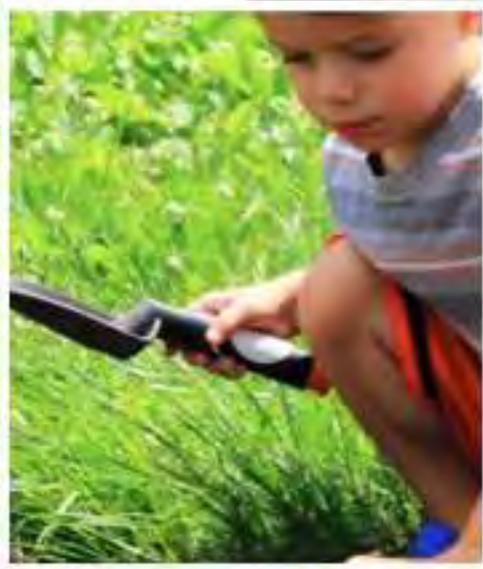


EQUITY

# UNIVERSAL ACCESS TO NATURE & PLACE

IMPERATIVE

16



All primary transportation, roads and non-building infrastructure that are considered externally focused must be equally accessible<sup>50</sup> to all members of the public regardless of background, age and socioeconomic class—including the homeless—with reasonable steps taken to ensure that all people can benefit from the project's creation.

For any project (except single family residential) located in Transect L3-L6, the public realm must be provided for and enhanced through design measures and features such as street furniture, public art, gardens and benches that are accessible to all members of society.

Access for those with physical disabilities must be safeguarded through designs meeting the Americans with Disabilities Act (ADA) and Architectural Barriers Act (ABA) Accessibility Guidelines.<sup>51</sup>

*continued >>*

<sup>50</sup> Refer to the Equity-Petal handbook for a complete list of applicable infrastructure and exceptions that address issues of safety.  
<sup>51</sup> Refer to the Equity-Petal handbook for specific exceptions, such as those for private residences and historic structures. Complete ADA and ABA Accessibility Guidelines are available online: [www.access-board.gov/adaag/about](http://www.access-board.gov/adaag/about)

# ACCESS TO

HEALTH & HAPPINESS

## BIOPHILIC ENVIRONMENT

IMPERATIVE

09



The project must be designed to include elements that nurture the innate human/nature connection. Each project team must engage in a minimum of one all-day exploration of the biophilic design potential for the project. The exploration must result in a biophilic framework and plan for the project that outlines the following:<sup>20</sup>

- How the project will be transformed by deliberately incorporating nature through Environmental Features, Light and Space, and Natural Shapes and Forms
- How the project will be transformed by deliberately incorporating nature's patterns through Natural Patterns and Processes and Evolved Human-Nature Relationships
- How the project will be uniquely connected to the place, climate and culture through Place-based Relationships
- The provision of sufficient and frequent human-nature interactions in both the interior and exterior of the project to connect the majority of occupants with nature directly

The plan must contain methods for tracking biophilia at each design phase. The plan should include historical, cultural, ecological, and climatic studies that thoroughly examine the site and context for the project.

<sup>20</sup> Each of the Biophilic Design Elements outlined on Table 3-1, Page 15 of Biophilic Design: The Theory, Science, and Practice of Bringing Buildings to Life by Stephen R. Kellert, Judith H. Heerwagen, and Martin C. Mador should be used as a reference.

# BIOPHILIC

**BEAUTY**

# INSPIRATION & EDUCATION

**IMPERATIVE 20**

Educational materials about the operation and performance of the project must be provided to the public to share successful solutions and to motivate others to make change.

**Projects must provide:**<sup>42</sup>

- An annual open day for the public.
- An educational web site that shares information about the design, construction, and operation of the project.
- A simple brochure describing the design and environmental features of the project, as well as ways for occupants to optimize project function.
- A copy of the Operations and Maintenance Manual.
- Interpretive signage that teaches visitors and occupants about the project.
- A Living Building Case Study to be posted on the Institute website.

<sup>42</sup> Refer to the Beauty and Imperative Final Handbook for additional information.

Living Built at Northside School, Seattle, WA  
Living Certification - Living Building Challenge 3.0  
Wendy Benjamin, Architect/Builder

Living Building Challenge™ 3.0

# INSPIRATION &



EAST



NORTH



SOUTH



WEST

DATE: 06.24.2016  
 REVISION: 02.10.2017

LLOYD CENTER FOR ENVIRONMENT  
 WELCOME CENTER



KEY

	PARTITION TYPE
	WINDOW TYPE
	DOOR TYPE
	PLUMBING FIXTURE
	LIGHT FIXTURE
	SHEET NOTES
	ACCESSORY TYPE
	ROOM NUMBER

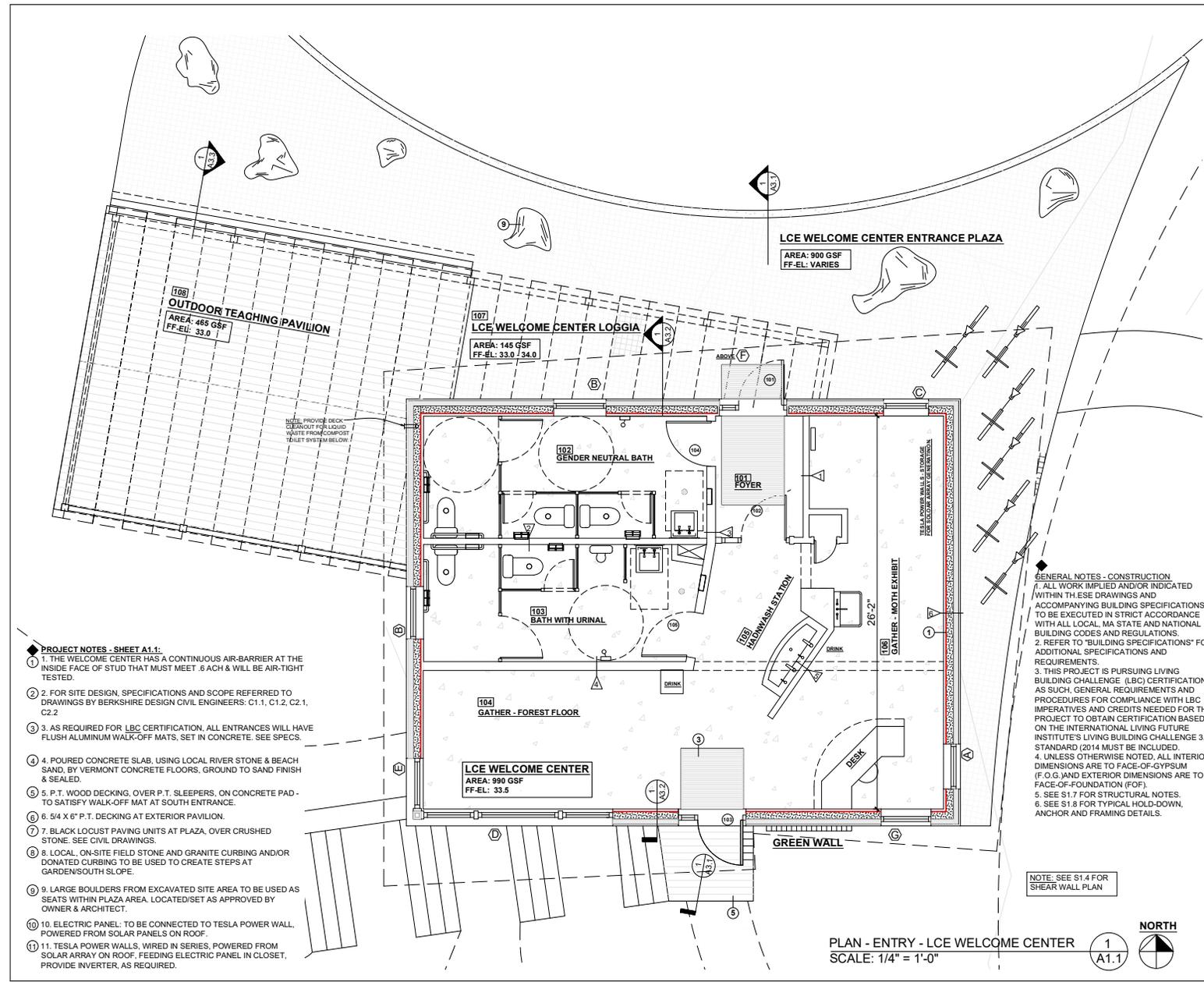
studio2sustain inc



CONSTRUCTION

PLAN - MAIN ENTRANCE

A 1.1

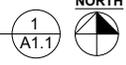


- PROJECT NOTES - SHEET A1.1:**
1. THE WELCOME CENTER HAS A CONTINUOUS AIR-BARRIER AT THE INSIDE FACE OF STUD THAT MUST MEET .6 ACH & WILL BE AIR-TIGHT TESTED.
  2. FOR SITE DESIGN, SPECIFICATIONS AND SCOPE REFERRED TO DRAWINGS BY BERKSHIRE DESIGN CIVIL ENGINEERS: C1.1, C1.2, C2.1, C2.2
  3. AS REQUIRED FOR LBC CERTIFICATION, ALL ENTRANCES WILL HAVE FLUSH ALUMINUM WALK-OFF MATS, SET IN CONCRETE. SEE SPECS.
  4. POURED CONCRETE SLAB, USING LOCAL RIVER STONE & BEACH SAND, BY VERMONT CONCRETE FLOORS, GROUND TO SAND FINISH & SEALED.
  5. P.T. WOOD DECKING, OVER P.T. SLEEPERS, ON CONCRETE PAD - TO SATISFY WALK-OFF MAT AT SOUTH ENTRANCE.
  6. 5/4 X 6" P.T. DECKING AT EXTERIOR PAVILION.
  7. BLACK LOCUST PAVING UNITS AT PLAZA, OVER CRUSHED STONE. SEE CIVIL DRAWINGS.
  8. LOCAL, ON-SITE FIELD STONE AND GRANITE CURBING AND/OR DONATED CURBING TO BE USED TO CREATE STEPS AT GARDENSOUTH SLOPE.
  9. LARGE BOULDERS FROM EXCAVATED SITE AREA TO BE USED AS SEATS WITHIN PLAZA AREA, LOCATED/SET AS APPROVED BY OWNER & ARCHITECT.
  10. ELECTRIC PANEL TO BE CONNECTED TO TESLA POWER WALL, POWERED FROM SOLAR PANELS ON ROOF.
  11. TESLA POWER WALLS, WIRED IN SERIES, POWERED FROM SOLAR ARRAY ON ROOF, FEEDING ELECTRIC PANEL IN CLOSET, PROVIDE INVERTER, AS REQUIRED.

- GENERAL NOTES - CONSTRUCTION**
1. ALL WORK IMPLIED AND/OR INDICATED WITHIN THESE DRAWINGS AND ACCOMPANYING BUILDING SPECIFICATIONS TO BE EXECUTED IN STRICT ACCORDANCE WITH ALL LOCAL, MA STATE AND NATIONAL BUILDING CODES AND REGULATIONS.
  2. REFER TO "BUILDING SPECIFICATIONS" FOR ADDITIONAL SPECIFICATIONS AND REQUIREMENTS.
  3. THIS PROJECT IS PURSUING LIVING BUILDING CHALLENGE (LBC) CERTIFICATION. AS SUCH, GENERAL REQUIREMENTS AND PROCEDURES FOR COMPLIANCE WITH LBC IMPERATIVES AND CREDITS NEEDED FOR THE PROJECT TO OBTAIN CERTIFICATION BASED ON THE INTERNATIONAL LIVING FUTURE INSTITUTE'S LIVING BUILDING CHALLENGE 3.0 STANDARD (2014) MUST BE INCLUDED.
  4. UNLESS OTHERWISE NOTED, ALL INTERIOR DIMENSIONS ARE TO FACE-OF-GYPSUM (F.O.G.) AND EXTERIOR DIMENSIONS ARE TO FACE-OF-FOUNDATION (FOF).
  5. SEE S1.7 FOR STRUCTURAL NOTES.
  6. SEE S1.8 FOR TYPICAL HOLD-DOWN, ANCHOR AND FRAMING DETAILS.

NOTE: SEE S1.4 FOR SHEAR WALL PLAN

PLAN - ENTRY - LCE WELCOME CENTER  
 SCALE: 1/4" = 1'-0"



PLAN

DATE: 02.18.2016  
REVISION:

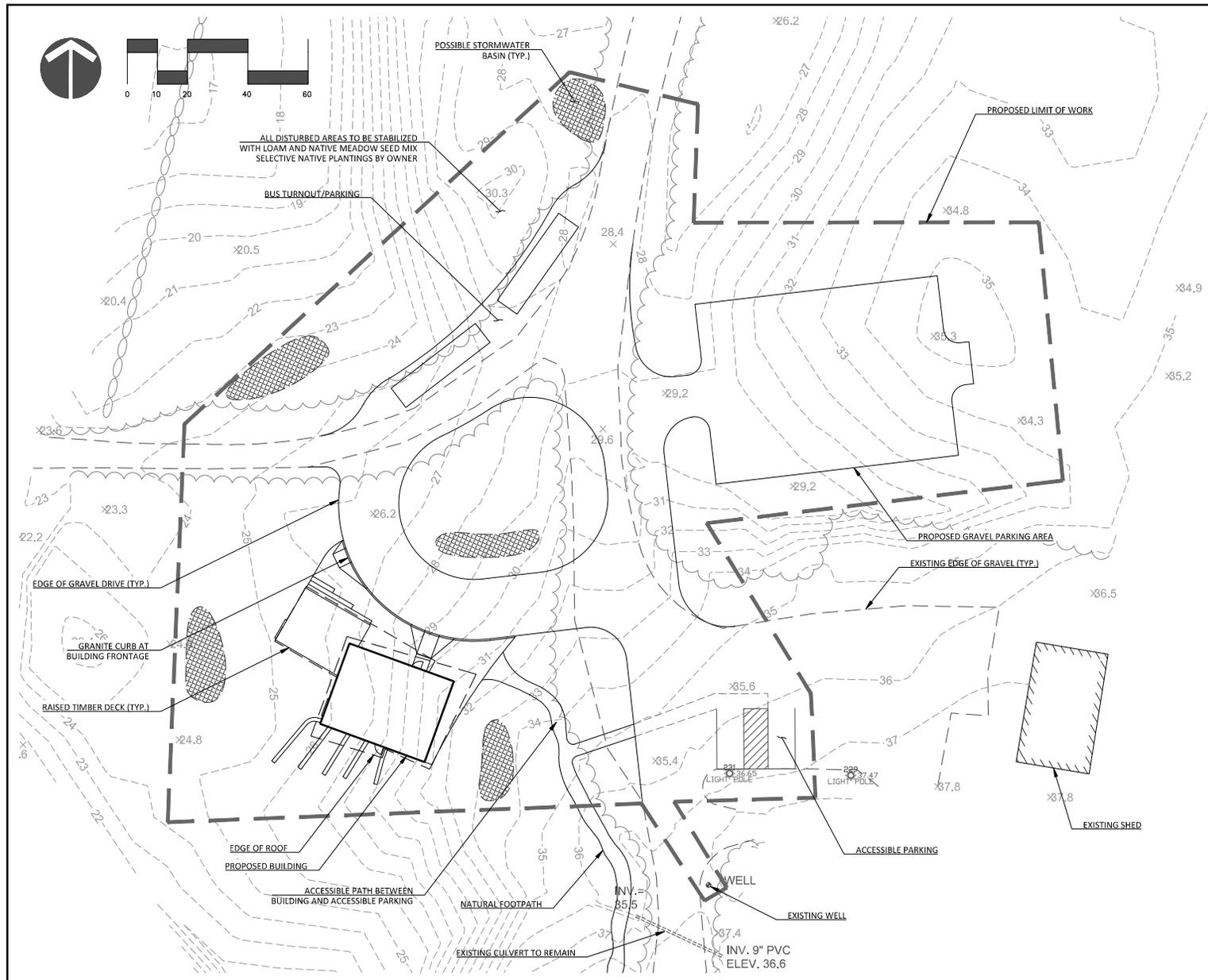
LCE-WELCOME  
CENTER  
-  
CONSTRUCTION  
DRAWINGS  
-  
AN LBC PROJECT

 The  
Berkshire  
Design  
Group, Inc.  
Landscape Architecture  
Civil Engineering  
Planning  
Land Surveying  
4 Allen Place, Northampton, Massachusetts 01060  
(413) 582-7000 • FAX (413) 582-7005  
Email: btdg@berkshiredesign.com  
Web: http://www.berkshiredesign.com

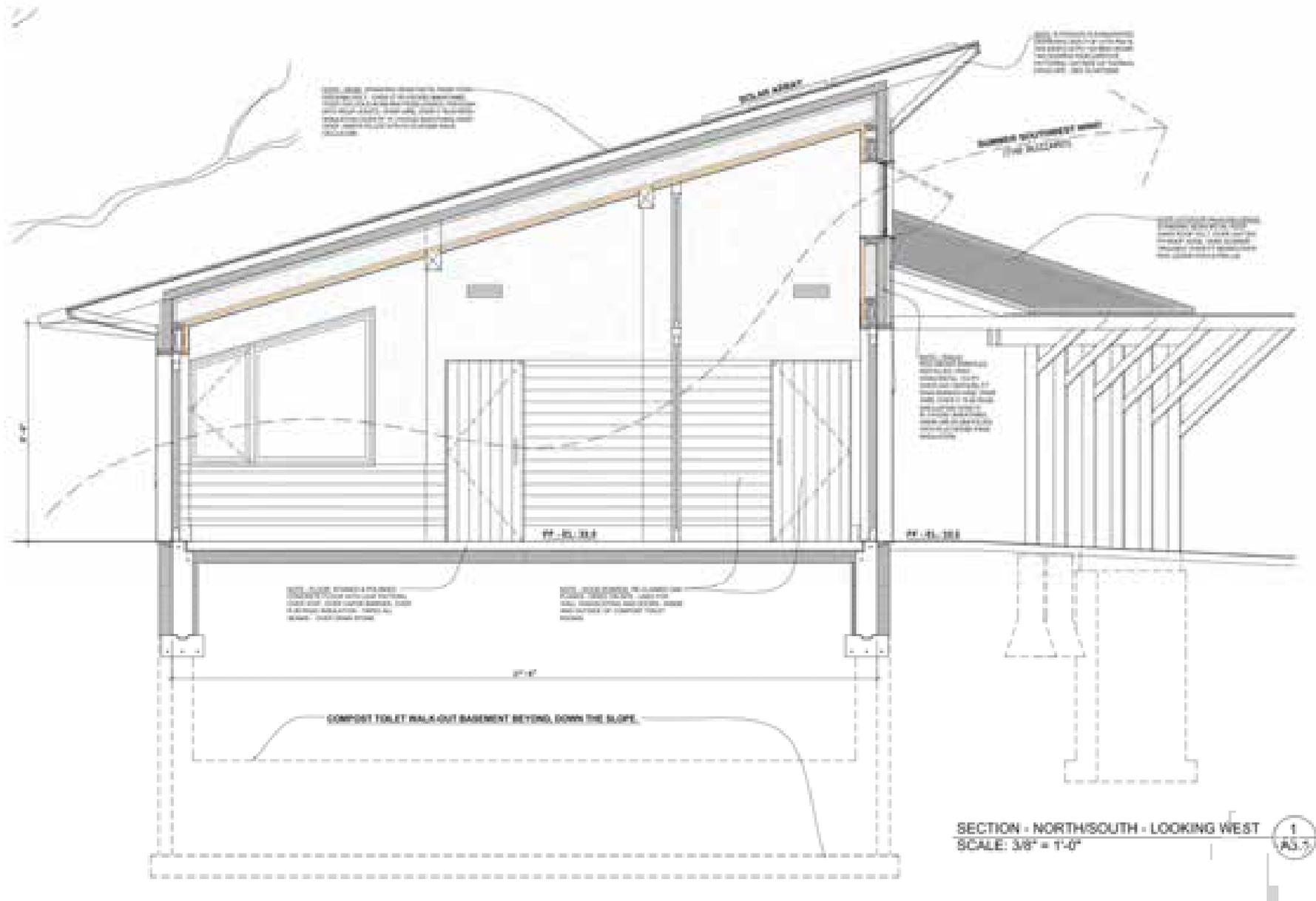
**PRELIMINARY**  
**NOT FOR CONSTRUCTION**

SITE PLAN

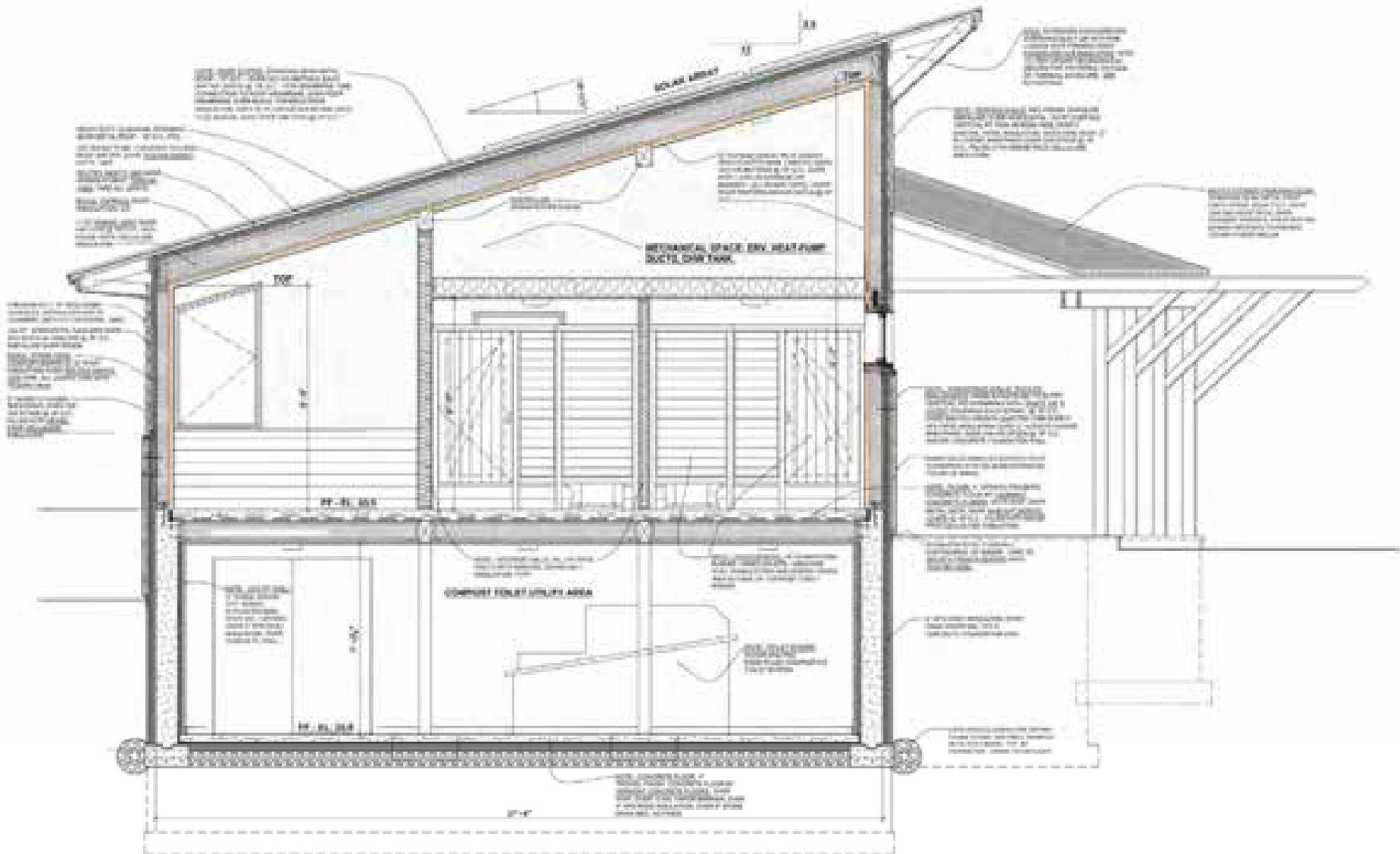
C 1.1



# SITE

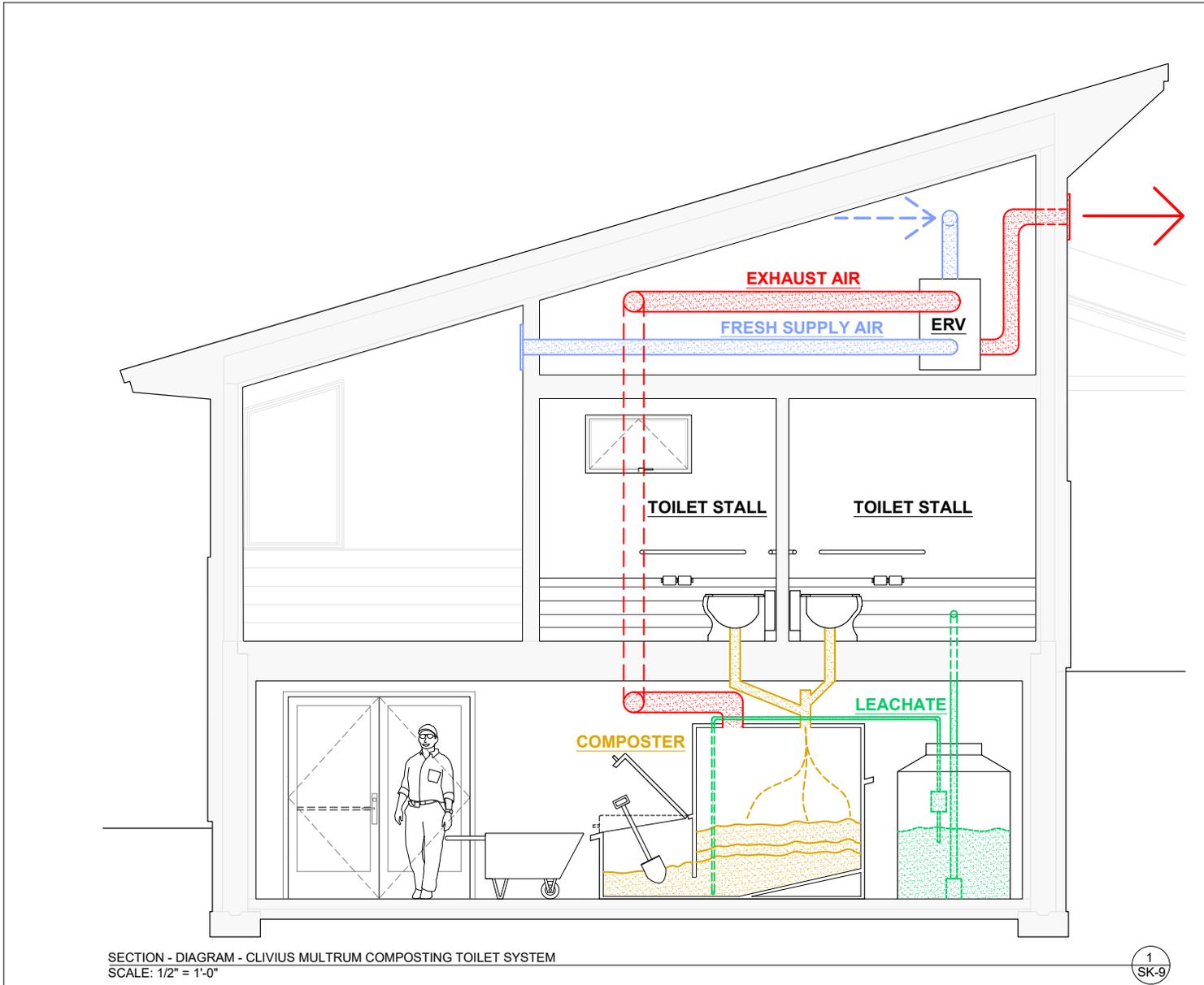


# SECTION



SECTION - NORTH/SOUTH - LOOKING WEST - THROUGH BATHROOMS  
 SCALE: 3/8" = 1'-0"

# SECTION



SECTION - DIAGRAM - CLIVUS MULTRUM COMPOSTING TOILET SYSTEM  
 SCALE: 1/2" = 1'-0"

1  
SK-9

DATE: 04.30.2019

LLOYD CENTER FOR ENVIRONMENT  
 WELCOME CENTER



**KEY**

	PARTITION TYPE
	WINDOW TYPE
	DOOR TYPE
	PLUMBING FIXTURE
	LIGHT FIXTURE
	SHEET NOTES
	ACCESSORY TYPE
	ROOM NUMBER

studio2sustain inc  
 architects + environmental strategists

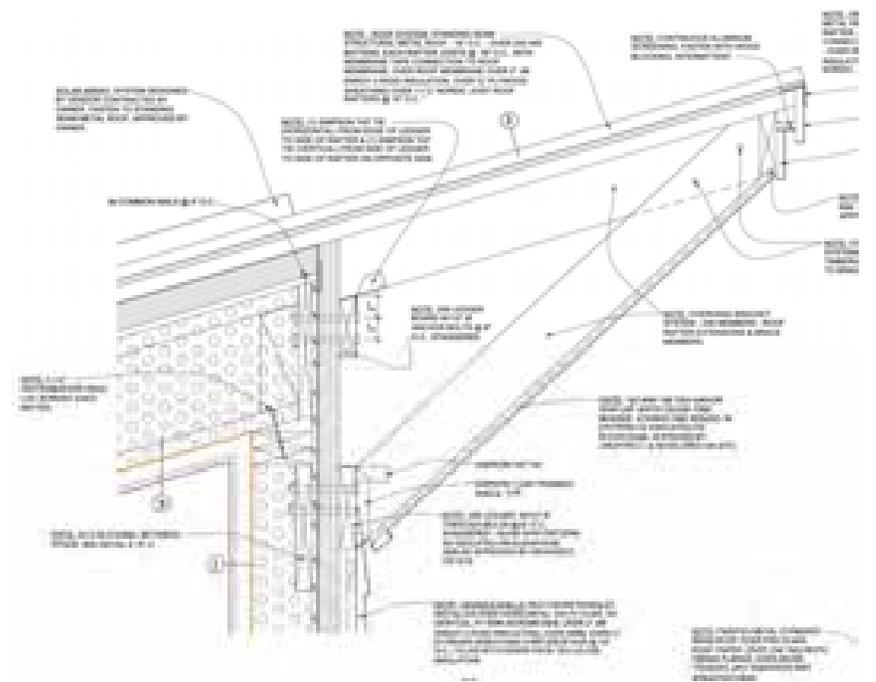
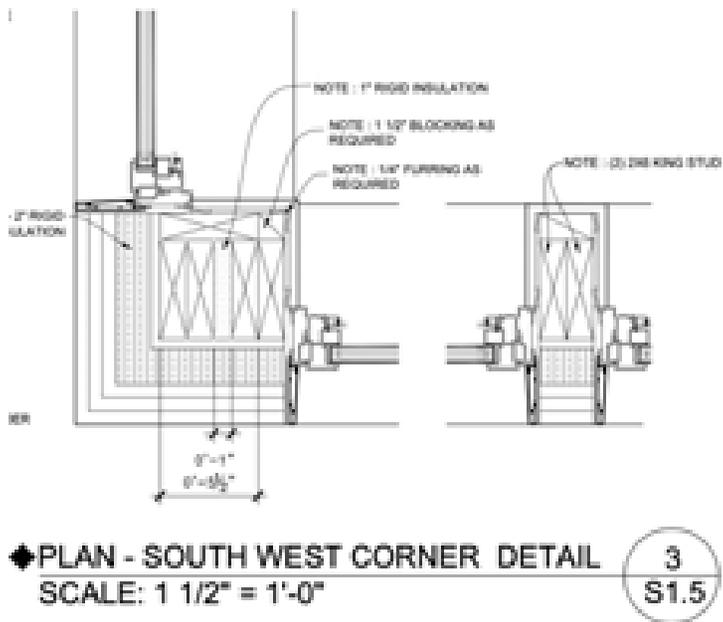
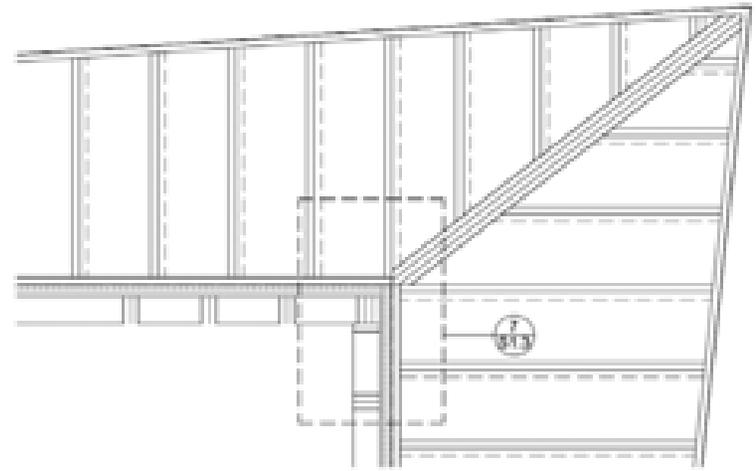
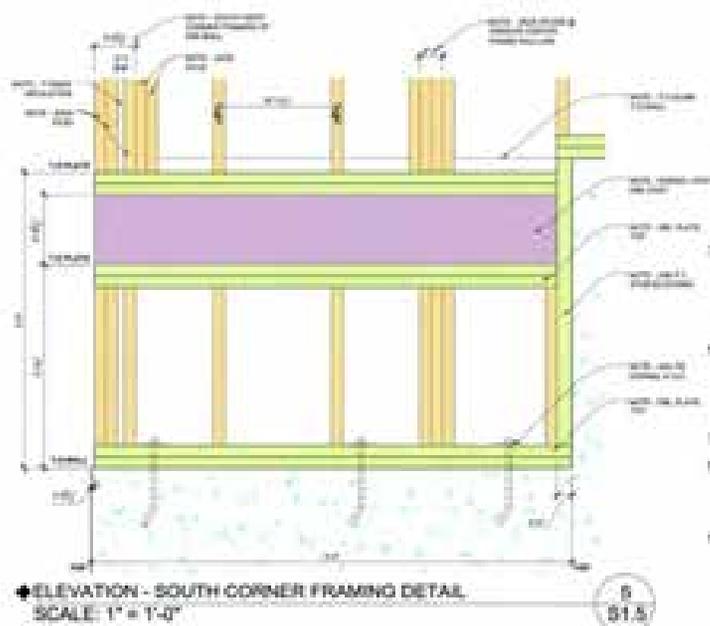
1100 1st St, Suite 100, Portland, OR 97204  
 503.255.1234  
 www.studio2sustain.com

**CA DRAWINGS**  
 CLIVUS MULTRUM  
 COMPOST TOILET  
 DIAGRAM

SK

9

# COMPOST TOILET SYSTEM



# DETAILS OF HIGH-PERFORMANC STUDENT BUILDING

# studio<sup>2</sup>sustain

architects consultants environmental evangelists

integrated  
ecostrategy

## Berkshire Design Group

# baukraft

ENGINEERING BETTER HOMES

# CLEAResult<sup>®</sup>



# THE TEAM





**REUSE – RECYCLE - REDUCE**



**REUSE  
RECYCLE  
REDUCE**



**REUSE  
RECYCL  
E  
REDUCE**



IT'S TIME TO  
IMAGINE A  
LIVING FUTURE  
AND A WORLD OF  
LIVING BUILDINGS

GNBVT DEMO DAY  
01.11.2017





WORKFORCE  
TRAINING:  
TEST.  
TRY.  
CORRECT.  
INSTALL.  
REPEAT...



WORKFORCE TRAINING: TEST. TRY. CORRECT.  
INSTALL. REPEAT



**WORKFORCE  
TRAINING THE BUILD**

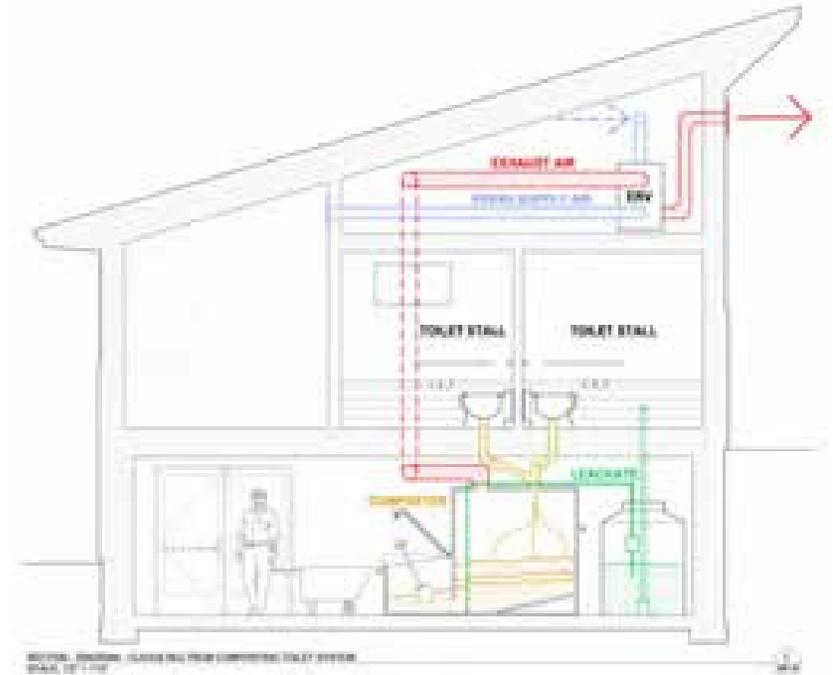




## WORKFORCE TRAINING – THE BUILD



WORKFORCE TRAINING – THE BUILD



# WORKFORCE TRAINING - SYSTEM INTEGRATION



WORKFORCE TRAINING – LEARNING OF/FROM  
PROFESSIONALS **Results 475 BAUKRAFT**



WORKFORCE TRAINING – LEARNING OF/FROM

## **HIGH PERFORMANCE BUILD SITE LEARNING PROCESS:**

1. find a project, create a scope, sign agreement
2. develop a schedule, OWNER installs all site work
3. inter-disciplinary/demo day @ school-INTRODUCE
4. test build. site build. test model. site build.

## **HIGH-PERFORMANCE BUILD SITE WORKFORCE SKILLS:**

1. state-of-the-art thermal, HVAC, electric/solar, plumbing
2. collaborative, team-based, problem-solving
3. spatial reasoning – integrated systems
4. professionalism – interacting with experts throughout
5. design process – iterative learning – understanding failure

## **HIGH-PERFORMANCE BUILD SITE LIFE SKILLS:**

1. sustainability leadership – understanding the holistic vision
2. collaboration – 21st century problem-solving skills



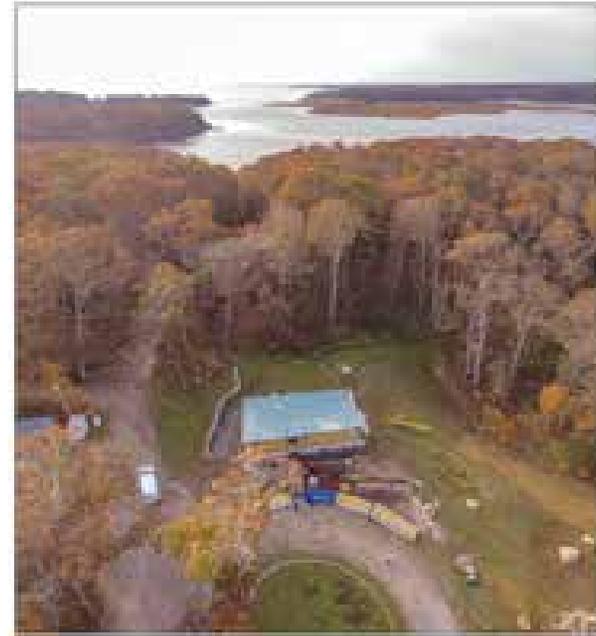
**LCE Welcome Center: today...pursuing LBC**



**LCE Welcome Center: today...pursuing LBC**



**LCE Welcome Center: today...pursuing LBC**



**LCE Welcome Center: today...pursuing LBC**

**studio<sup>2</sup>sustain**

architects consultants environmental evangelists



integrated  
ecostrategy

Berkshire Design Group

**baukraft**

ENGINEERING BETTER HOMES

VERMONT  
NATURAL  
COATINGS

**CLEARResult**<sup>®</sup>



475 HIGH  
PERFORMANCE  
BUILDING SUPPLY



**aquatherm**

state of the pipe



**BUILDING**



“You teach me, I forget. You show me, I remember.  
You involve me, I understand.” – **Edward O. Wilson**



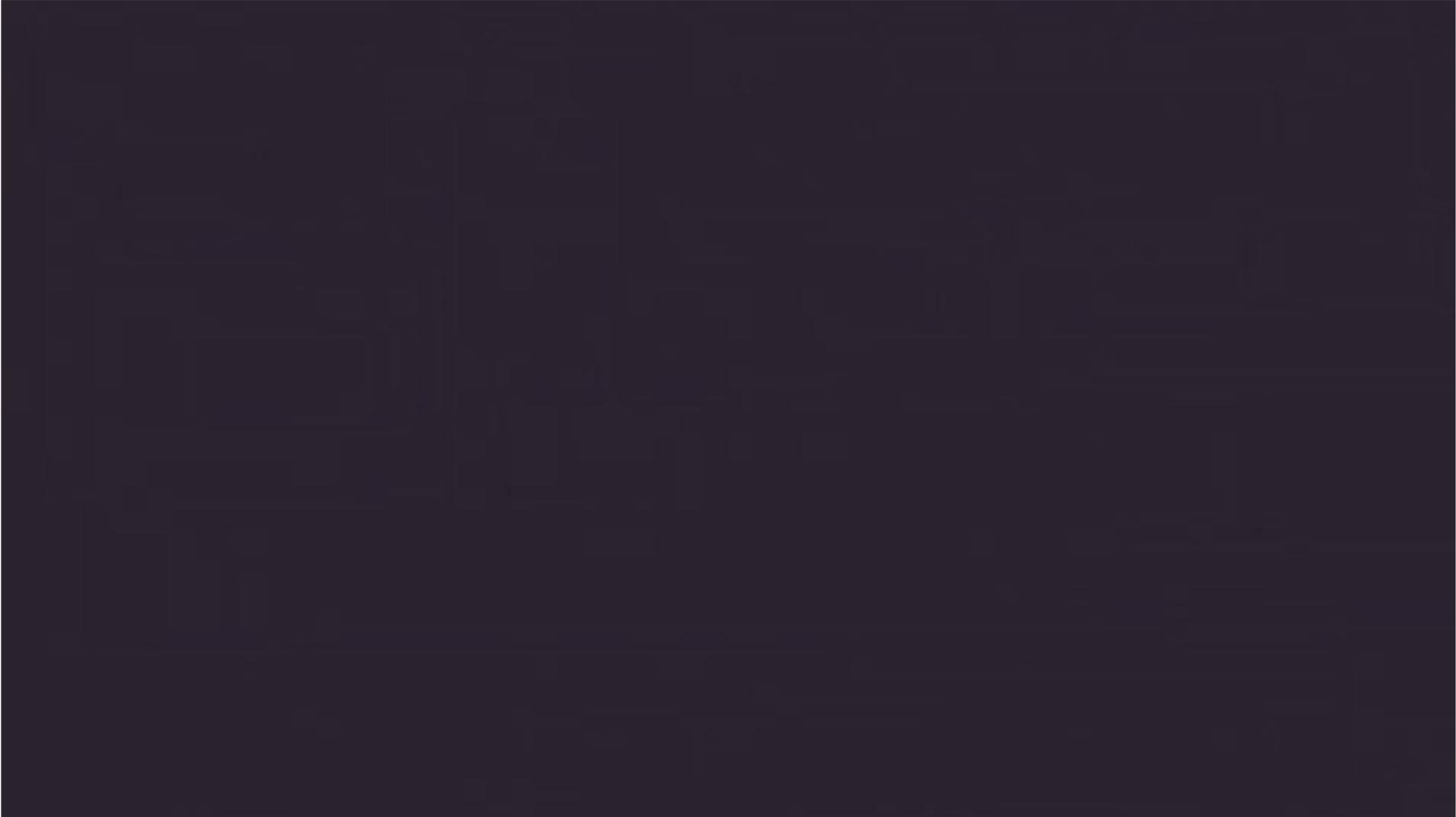


**...what is the next adventure...**

# LCE Welcome Center



**...engage students and they will make history...  
...and, in the process, build a better tomorrow...**



WORKFORCE TRAINING: GNBVT VIDEOS OF GNBVT STUDENTS



**GNBVT students building the LCE Welcome Center**  
**[lloydcenter.org](http://lloydcenter.org) - Lloyd Center for the Environment**  
**[living-future.org](http://living-future.org) – International Living Future Institute - LBC**  
**[kathryn@studio2sustain.com](mailto:kathryn@studio2sustain.com)**

## **HIGH PERFORMANCE BUILD SITE LEARNING PROCESS:**

1. find a project, create a scope, sign agreement
2. develop a schedule, OWNER installs all site work
3. inter-disciplinary/demo day @ school-INTRODUCE
4. test build. site build. test model. site build.

## **HIGH-PERFORMANCE BUILD SITE WORKFORCE SKILLS:**

1. state-of-the-art thermal, HVAC, electric/solar, plumbing
2. collaborative, team-based, problem-solving
3. spatial reasoning – integrated systems
4. professionalism – interacting with experts throughout
5. design process – iterative learning – understanding failure

## **HIGH-PERFORMANCE BUILD SITE LIFE SKILLS:**

1. sustainability leadership – understanding the holistic vision
2. collaboration – 21st century problem-solving skills